



**ORGANICKRUSH**  
**CATERING**  
MAKE A STATEMENT

**ORGANICKRUSH.COM**



# BREAKFAST & BRUNCH

## BREAKFAST WRAPS

### Signature Wraps

\$14 per person. 10-person minimum order.  
Served on whole wheat or gluten-free tortillas.

### KRUSH WRAP

Egg scramble (certified organic), avocado, caramelized onions, shiitake mushrooms, farmhouse cheddar

### SWEET POTATO HASH WRAP

Egg scramble (certified organic), sweet potatoes, red onion, red bell pepper, apples, smoked paprika aioli

### VEGGIE EGG WRAP

Egg scramble (certified organic), broccoli, spinach, mushrooms, tomatoes

### Gourmet Wraps

\$15 per person. 10-person minimum order.  
Served on whole wheat or gluten-free tortillas.

### BACON, EGG & CHEESE WRAP

Egg scramble (certified organic), farmhouse cheddar, bacon

### STEAK & EGG WRAP

Egg scramble (certified organic), grass-fed sirloin steak, caramelized onions

## BAKERY BASKET

Chef's Selection. \$50 per dozen  
Mix and match available

APPLE CINNAMON SPICE MUNCHKINS  
(36 PCS)

CHOCOLATE CHIP DONUTS

CHOCOLATE ZUCCHINI MUFFINS

DARK CHOCOLATE BROWNIES

SUPERSEED HARVEST MUFFIN TOPS

## FRITTATAS

\$80 each, serves 10.

### FRITTATA OF THE DAY

Eggs (certified organic) with seasonal ingredients from our favorite local farmers.

### SPINACH, TOMATO & FETA

Eggs (certified organic), spinach, grape tomatoes, feta

### SEASONAL VEGETABLES WITH GOAT CHEESE

Eggs (certified organic) shiitake mushrooms, broccoli, grape tomatoes, small-farm goat cheese

### SWEET POTATO, SPINACH & GOAT CHEESE

Eggs (certified organic), sweet potatoes, spinach, small-farm goat cheese

## PARFAITS

\$4 per person.  
Mix and match available.

### CHIA SEED PUDDING PARFAIT

Unsweetened coconut milk, banana, chia seeds, almond butter, cacao nibs, almonds, dates, maple syrup, vanilla, salt

### COCONUT YOGURT

Unsweetened coconut milk, coconut, blueberries, lemon juice, probiotics, maple syrup

### ORGANIC YOGURT PARFAIT

Fresh fruit, homemade gluten-free granola, local honey

### OVERNIGHT OATMEAL PARFAIT

Gluten-free oats, peanut butter, chocolate chips, homemade gluten-free granola

## SEASONAL FRUIT

Chef's Selection  
Small \$70 serves 10  
Large \$135 serves 25

## KIDS' CORNER

Small \$65, Serves 8-10  
Large \$120, Serves 16-20

### BUDDHA BOWL

Brown rice, grilled chicken, broccoli

### FAT ALBERT BOWL OR WRAPS

Grass-fed steak, organic bacon, cheddar cheese, brown rice  
Small \$80, Serves 8-10  
Large \$160, Serves 16-20

### MONKEY ROLL-UPS

Almond or peanut butter, banana, and honey in a wrap

### QUESADILLAS

Shredded chicken, black beans, cheddar cheese and pico de gallo in whole wheat or gluten-free tortilla

### RIGATONI

Homemade marinara, sautéed broccoli, parmesan cheese

# LUNCH & DINNER

## SALAD SELECTIONS

Option available to add chicken, steak, salmon, shrimp (prices vary).

Small \$75, Serves 8-10  
Large \$150, Serves 16-20

### AVOCADO EGG WHITE SALAD

Avocado, egg whites, celery, spinach, lemon, vegenaise

### CHICKEN SALAD

Grilled chicken, celery, cranberries, almonds, mesclun mix, vegenaise

### FARMER SALAD

Fresh greens with seasonal ingredients from our favorite local farmers

### GREEK SALAD

Artichokes, olives, sunflower seeds, tomato, feta, cucumber, red wine vinaigrette

### KALE CAESAR

Shredded kale, tomato, cucumber, parmesan, caesar dressing

### KALE DETOX

Kale, chickpeas, almonds, cranberries, grapefruit, orange honey vinaigrette

### SOBA NOODLE SALAD

Fresh seasonal vegetables, ponzu soy dressing, 100% buckwheat soba noodles

### TUNA SALAD

Wild Planet tuna, carrot, celery, red onion, tomato, mesclun mix, vegenaise

## KRUSH CLASSIC WRAPS

\$15 per person.  
10-person minimum order.  
Option available to create salads and bowls.

### AUSTIN CHICKEN

Roasted chicken, corn, tomatoes, avocado, cilantro, red onion, mesclun mix, smoked paprika aioli

### CHOP

Tomato, cucumber, carrot, red onion, feta cheese, chickpeas, lemon-herb dressing

### COCONUT SHRIMP

Grilled wild-caught shrimp, avocado, cucumber, carrot, red cabbage, mint, basil, mesclun mix, coconut-peanut dressing

### FISH TACO

Certified organic salmon, cabbage slaw, avocado, pico de gallo, scallion, mesclun mix, chipotle lime crema

### MEDITERRANEAN

Falafel, tomatoes, cucumber, sunflower seeds, mesclun mix, artichoke, olives, herb tzatziki

### MEXI STEAK

Grilled marinated grass-fed sirloin steak, black beans, spinach, pineapple, pico de gallo, mesclun mix, chipotle lime crema

### ROAST

Kale, charred tomatoes, carrot, sweet potatoes, mesclun mix, almonds, roasted shallot dressing

## GRAZING STATIONS

### BAKED WINGS

Chicken wings  
(Buffalo, House and/or BBQ), homemade ranch dressing, celery and carrots.  
Small \$80, Serves 8-10  
Large \$140, Serves 16-20

### CREATE YOUR OWN TACO

Choice of lettuce wraps, corn or flour tortillas.  
Choice of vegetarian, chicken, steak, shrimp, or salmon. Includes black beans, cheddar cheese, pico de gallo, sour cream and guacamole  
\$17 per person,  
10-person minimum

### KRUSH CRUDITE

Fresh seasonal vegetables, hummus or homemade ranch dressing or smoked paprika aioli  
Small \$40, Serves 8-10  
Large \$80, Serves 16-20

### MINI GRASS-FED MEATBALLS

With dipping sauces: marinara, spicy bbq, thai vinaigrette  
Small \$75, Serves 8-10  
Large \$150, Serves 16-20

### SOUTHWESTERN

Pico de gallo, guacamole, black bean and cheese quesadillas, chipotle lime crema, tortilla chips  
Small \$70, Serves 8-10  
Large \$140, Serves 16-20



# DRINKS

## COLD-PRESSED JUICES

\$60 for a six-pack of 14-oz. glass bottles. We use a gentle extraction process that results in nutrient-rich juices.

### ACTIVATE

Filtered water, lemon, coconut sugar, ginger, fresh turmeric, activated charcoal

### FIGHTER

Carrot, orange, grapefruit, lemon, ginger

### FIX ME UP

Cucumber, green apple, celery, fennel, lemon

### FLEX APPEAL

Pineapple, spinach, cucumber, kale, mint, ginger

### LIBERATION

Orange, celery, pear, kale, lemon, cilantro, aloe

### NUT MYLK

Filtered water, raw almonds or cashews, dates, vanilla, sea salt, cinnamon

### SMOOTH SAILING

Carrot, green apple, beet, lemon, ginger

### TONIQ

Cucumber, green apple, kale, lime, ginger, watercress

### TRULY GREEN

Cucumber, spinach, celery, kale, parsley, lemon

### TRUTH BE TOLD

Cucumber, green apple, spinach, lime

### WELLNESS SHOT

Lemon, orange, ginger, turmeric, cayenne

## COLD-PRESSED ICED DRINKS

Served in a 64oz. growler.

### ARNOLD PALMER \$25

Black tea, lemon, honey

### ICED COLD-BREW COFFEE \$24

### ICED GREEN TEA WITH COLD-PRESSED GRAPEFRUIT \$25

Green tea, grapefruit, honey

### ORANGE JUICE \$42

### LEMONADE WITH MINT AND HONEY \$20

## ASSORTED BEVERAGES

### ASSORTED ORGANIC TEAS \$3 each

### HOT ORGANIC COFFEE \$25

Served in a 96-oz. compostable carafe

### ASSORTED KOMBUCHA \$5 each

### SARATOGA WATER \$3 each

Spring or sparkling

# DESSERTS

All of our desserts are gluten free.

### BROWNIE PLATTER

\$50 per dozen

Fudge brownies with deep chocolate flavor

### COOKIE PLATTER

\$35 per dozen

Chef's selection of Cowboy Cookies, Chocolate Chip, and Oatmeal-Raisin

### DOUGHNUT PLATTER

\$50 per dozen

Apple-Cinnamon, Chocolate Chip, Pumpkin

### ENERGY TRUFFLE PLATTER

\$25 per dozen

Chef's selection of Hemp Matcha, Vanilla Nut Latte, and Salted Caramel

### SEASONAL FRUIT PLATTER

Chef's selection

Small \$70, Serves 10

Large \$135, Serves 25

## DEAR FAMILY, FRIENDS AND COMMUNITY,

When we created Organic Krush, we set out to craft a menu that was loved by every single member of the family. We sautéed, we juiced, we smoothied, we baked, we sourced, we created a breadth of recipes that were delectable and... ORGANIC.

We fell in love with our food and just knew we needed to share it with you.

We are your trusted source of delicious, organic food and cold-pressed juices. We are committed to serving food that is free of pesticides, GMOs, hormones, and fake ingredients. We are passionate about being a part of your wellness story.

Come Krush with us on our organic mission towards health and happiness. We promise you will love the journey.

Much Love,  
Fran + Michelle

*Fran & Michelle*



**ORGANIC  
KRUSH**  
LIFESTYLE EATERY™